



Eagle Express

Phone: 413-423-3326

<http://www.erving.com>

SCHOOL WEEKLY NEWSLETTER

WINTER EDITION

ERVING, MA

MARCH 1, 2024



Wednesday, March 6
Savings Makes "Cents"

Sunday, March 10

CNC Playgroup
10:00-11:30 am

Wednesday, March 13

School Council meeting
11:30 am

Wednesday, March 20

Savings Makes "Cents"

Friday, March 22

Curriculum Day
NO SCHOOL

Tues/Wed/Thurs

March 26, 27, 28

Parent/Teacher
Conferences
1:15 pm dismissals

Monday, April 1

MCAS season starts
Grade 3-6

Free Rapid Covid Test Kits Available

Do you or your child have cold symptoms and want to check to be sure it's not Covid? The elementary school was able to acquire rapid Covid test kits from the federal government. These kits are for use by the students, staff, families and community members of Erving. Test kits can be obtained, on an as needed basis, by contacting Gail Dubreuil, RN by phone at (413) 423-3326 or by email dubreuil@erving.com.

We are approaching "that" time of year again and we have a tentative schedule for MCAS testing 2024.

Please try to avoid scheduling any appointments or vacations during the following dates.

Thank you for your cooperation.

ELA

Grade 6 - April 1 & April 4

Grade 5 - April 2 & April 5

Grade 4 - April 8 & April 11

Grade 3 - April 9 & April 12

MATH

Grade 6 - April 29 & May 2

Grade 5 - April 30 & May 3

Grade 4 - May 6 & May 9

Grade 3 - May 7 & May 10

SCIENCE

Grade 5 - May 13 & May 16

March 2024 Lunch



Alternative	Monday	Tuesday	Wednesday	Thursday	Friday
	26	27	28	29	1
Chicken salad sandwich w/fruit & veg of the day & milk	Chicken nuggets, parm noodles, steamed broccoli, diced peaches & milk	Chicken fajita, sour cream, salsa, lettuce, seasoned black beans, mandarin oranges & milk	Parm chicken over pasta w/sauce, steamed carrots, fresh fruit & milk	Waffles w/syrup, warm cinnamon apple slices, turkey sausage, fries & milk	Make your own pizza, wax beans, fresh fruit & milk
	4	5	6	7	8
Ham & cheese sandwich w/fruit & veg of the day & milk	Turkey, bacon & cheese wrap w/lettuce, broccoli, applesauce & milk	Cheese quesadilla, sour cream & salsa, corn & black bean salad, fresh fruit & milk	Toasted cheese w/tomato soup, sliced carrots, diced pears & milk	Chicken nuggets, oven fries, applesauce & milk	Sliced pizza, green beans, fresh fruit & milk
	10	11	12	13	14
Turkey & cheese sandwich w/fruit & veg of the day & milk	Seasoned chicken w/steamed brown rice, broccoli, diced peaches & milk	Soft beef taco w/sour cream, salsa & lettuce, three bean salad, mandarin oranges & milk	Ham & cheese bagel melt, sweet potato fries, fresh fruit & milk	Salisbury steak over mashed potato, sliced bread, diced pears & milk	Make your own pizza, wax beans, fresh fruit & milk
	17	18	19	20	21
Salad bowl w/hard cooked egg, fruit & veg of the day & milk	Chicken & gravy over noodles, steamed broccoli, fresh fruit & milk	Beef & cheese nachos w/sour cream, salsa, seasoned black beans, pineapple & milk	Garlic breadsticks w/marinara, sliced carrots, sliced peaches & milk	Chicken patty on a wg roll, oven fries, fresh fruit & milk	Curriculum Day - No School
	25	26	27	28	29
Egg salad sandwich w/fruit & veg of the day & milk	Chicken nuggets, steamed rice, seasoned broccoli, diced peaches & milk	Chicken & cheese quesadilla, sour cream & salsa, corn & black bean salad, fresh fruit & milk	Hamb/cheeseburger on a wg roll, sweet potato fries, pineapple & milk	Ham & cheese sandwich w/chicken noodle soup, corn, mandarin oranges & milk	Sliced pizza, green beans, fresh fruit & milk
	31	1	2	3	4
Ham & cheese sandwich w/fruit & veg of the day & milk	Seasoned chicken on a wg roll w/cheese & lettuce, steamed broccoli, fresh fruit & milk	Soft beef taco w/lettuce, sour cream & salsa, three bean salad, diced peaches & milk	Chicken patty on a wg roll, sliced carrots, applesauce & milk	Fish sticks & fries, mandarin oranges & milk	Make your own pizza, wax beans, fresh fruit & milk

All sandwiches are made using whole grain bread. Each lunch is served with a choice of 1% white, skim, 1% milk & low fat chocolate (children 5 & under can only be offered white milk skim or 1%). All meals are subject to change without notice.

All meals are served w/fruit. Breakfast requires grain, fruit & milk. Lunch is served with a grain, protein, fruit, vegetable & milk. If your child requires milk for a home meal the charge is .50 cents.

THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER

*WG = whole grain

*HM = homemade.

*fixings = sour cream, salsa, lettuce shredded cheese

March 2024 Breakfast



Alternative	Monday	Tuesday	Wednesday	Thursday	Friday
	26	27	28	29	1
Assorted cereal, fruit & milk	Assorted cereal, banana & milk	French toast sticks, syrup, assorted fruit cup, 100% juice & milk	Bagel w/cream cheese, fresh fruit & milk	Assorted cereal, assorted fruit cup, 100% fruit juice & milk	Assorted muffins, yogurt, assorted fruit cup 100 % fruit & milk
	4	5	6	7	8
	Assorted cereal, banana & milk	Waffles, syrup, assorted fruit cup, 100%fruit juice & milk	Bacon, egg & cheese on an English muffin, fresh fruit & milk	Assorted cereal, assorted fruit cup, 100% fruit juice & milk	Assorted muffins, yogurt, assorted fruit cup 100 % fruit & milk
10	11	12	13	14	15
	Assorted cereal, banana & milk	Pancakes, syrup, assorted fruit cup & milk	Bagel w/cream cheese, fresh fruit & milk	Assorted cereal, assorted fruit cup, 100% fruit juice & milk	Assorted muffins, yogurt, assorted fruit cup 100 % fruit & milk
17	18	19	20	21	22
	Assorted cereal, banana & milk	French toast sticks, syrup, assorted fruit cup & milk	Sausage, egg & cheese on an English muffin, fresh fruit & milk	Assorted cereal, assorted fruit cup, 100% fruit juice & milk	Curriculum Day
	25	26	27	28	29
	Assorted cereal, banana & milk	Waffles, syrup, assorted fruit cup, 100%fruit juice & milk	Bagel w/cream cheese, fresh fruit & milk	Assorted cereal, assorted fruit cup, 100% fruit juice & milk	Assorted muffins, yogurt, assorted fruit cup 100 % fruit & milk
31	1	2	3	4	5
	Assorted cereal, banana & milk	Pancakes, syrup, assorted fruit cup & milk	Bacon, egg & cheese on an English muffin, fresh fruit & milk	Assorted cereal, assorted fruit cup, 100% fruit juice & milk	Assorted muffins, yogurt, assorted fruit cup 100 % fruit & milk

All sandwiches are made using whole grain bread. Each lunch is served with a choice of 1% white, skim, 1% milk & low fat chocolate (children 5 & under can only be offered white milk skim or 1%). All meals are subject to change without notice.

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Special Education Parent Advisory Council (SEPAC)



Please join us for these upcoming workshops.

Thursday, February 29, 2024 at 6:00pm

**Preview of the new Mass. Individualized Education Program (IEP) Form*
Presented by Erving Union #28

Video call link: <https://meet.google.com/wxv-bswp-szv>

Or dial: (US) +1 662-565-5281 PIN: 428 824 723#

Thursday, March 14, 2024 at 6:00pm

**SEPAC: What it is and Why it's Important*
Presented by The Federation for Children with (FCSN) AND
The Department of Secondary and Elementary Education (DESE)
Office for Public School Monitoring (PSM)

Online at Video call link: <https://meet.google.com/ujf-yaqe-wbe>

Or dial: (US) +1 321-586-1471 PIN: 116 338 704#

Thursday, March 28, 2024 at 6:00pm

**Parent Rights Workshop: Evaluation and Eligibility*
Presented by The Federation for Children with (FCSN)

Online at Video call link: <https://meet.google.com/ujf-yaqe-wbe>

Or dial: (US) +1 321-586-1471 PIN: 116 338 704#

To get involved in Union 28 SEPAC or for more information, please contact:
Corrina Wcislo, Director of Student Support Services #978-910-1478 or wcislo@erving.com



VALLEY ADHD PARENT SUPPORT GROUP

Next Virtual Meeting:

Tuesday, March 5th
6:30 pm - 8:00 pm

Assessing and Improving College Readiness in ADHD

Students: *Setting students up for success as they embark on their future journey*

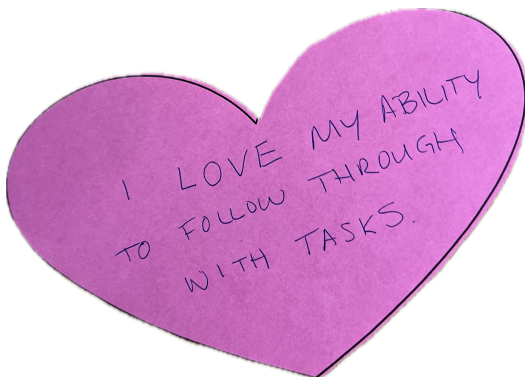
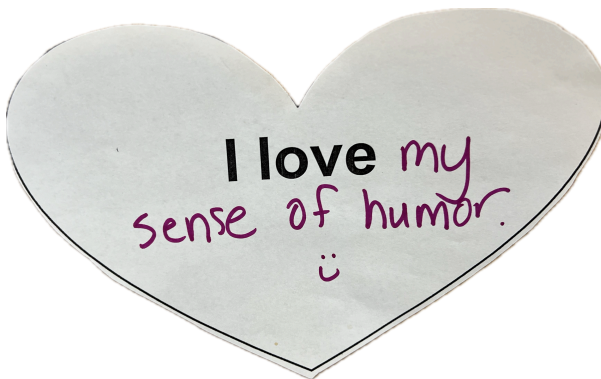
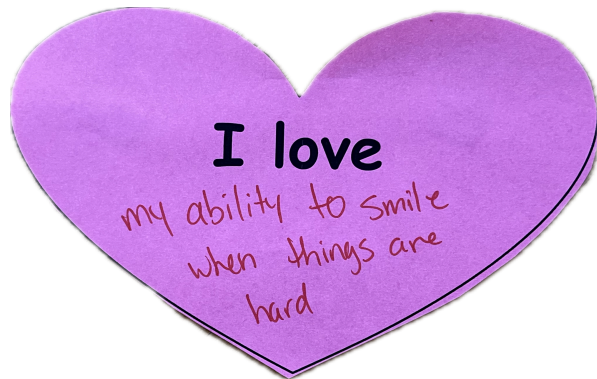
With Guest Speaker: **Stacey Carroll**


Stacey Carroll is an Independent Educational Consultant and founder of GuidEDU, a practice dedicated to helping families navigate the educational system and the college admissions process. Stacey has over a decade of experience working with k-12 students as a Professional School Counselor in the California public school system and as an Academic Advisor in California State University's Pre-College Programs.

Join other parents and caregivers of children and teens with ADHD to receive information and support, be heard without being judged, hear how others cope with similar challenges, learn about local resources for families, hear from area specialists, learn new strategies to try at home, and leave feeling empowered and hopeful. The group meets the first Tuesday of the month from 6:30pm to 8pm.

For Zoom Link Contact:
valleyadhd families@gmail.com

For more information, please contact visit www.valleyadhd.org



It has been inspiring to see how people have responded to the hearts at school. People are sharing their ideas, noticing the ideas of others, and making connections. Even though Valentine's Day and February are over, EES community members continue to be invited to share what they love about themselves. Hearts  are available on the bulletin board at the school entrance. Thoughts shared about what they love about themselves will be posted around the school.



RAISING FUNDS FOR A BRIGHTER FUTURE.

Now through June 1, 2024, choose from over 1,500 participating products at your neighborhood Hannaford to earn School Dollars and support your school.



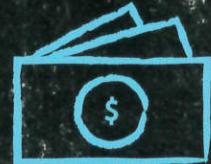
SHOP

Look for the shelf tag on more than 1,500 participating products that will help earn money for your school.



CHECK OUT

Get 3 School Dollars for every 4 participating products you purchase.



DONATE TO YOUR SCHOOL

Scan the QR code here or on the School Dollar printout to download the **Hannaford Helps Schools app**. From there you can donate them directly to any participating school of your choice.



helps

Schools



Together, we're greater than groceries.

Looking for more information about Hannaford Helps Schools? Go to hannaford.com/helpsschools.

ERVING PUBLIC LIBRARY

All-Abilities Social

DESIGN-YOUR-OWN-CUPCAKE



EVERYONE
is welcome here!



RSVP REQUIRED
Food Provided

Be sure to let the library know if you have special food needs.

MONDAY
MAR. 25
11AM-1PM
25 SPOTS

&

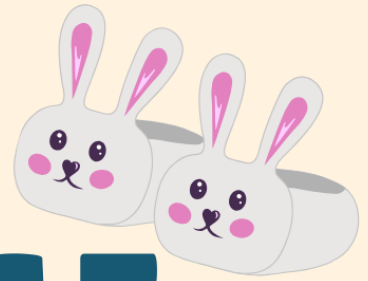
TUESDAY
MAR. 26
4-6PM
25 SPOTS

These activities are made possible by the LTC Access Grant.

Libraries Transforming Communities: Accessible Small and Rural Communities is an initiative of the American Library Association (ALA) in collaboration with the Association for Rural & Small Libraries (ARSL).

2 CARE DR., OFF RT. 63, ERVING, MA 01344
ERVING-MA.GOV/LIBRARY (413) 423-3348

ERVING PUBLIC LIBRARY
2 CARE DRIVE, OFF ROUTE 63, ERVING, MA 01344



PJ STORY TIME

WITH U28 COMMUNITY NETWORK FOR CHILDREN

March 14
6-6:45 pm

Last session for the season:

Teddy Bear Picnic

Registration
requested for
planning
purposes



Use QR Code to Register or
[https://form.jotform.com/
231995324350154](https://form.jotform.com/231995324350154)



Come join us in your favorite pajamas for an evening
story time after the library closes!
Young children and their families are welcome!
Story themed-activities sponsored by CNC.



Contact the Erving Public Library or
CNC at budine@erving.com with any questions



THE UNION #28 COMMUNITY NETWORK FOR CHILDREN PROGRAM IS FUNDED BY THE COORDINATED FAMILY AND COMMUNITY ENGAGEMENT (CFCE) GRANT AWARDED TO THE UNION #28 SCHOOLS BY THE MASSACHUSETTS DEPARTMENT OF EARLY EDUCATION AND CARE, AND DONATIONS FROM THE COMMUNITY.

Erving Public Library

Teen* Media Club

**Open to
ages 11-19!*

Wednesday, March 13th
3:30 - 4:30 p.m.



- **No RSVP needed!**
- **Snacks provided!**
- **EES students can walk over with a note from a parent/guardian while TFHS students can take Bus Route A to get here**

THIS MONTH:
Jean will be showing us how to make "Sonic Seasoning" with Pop Rocks!



2 Care Drive, Erving, MA 01344
library@erving-ma.gov
413-423-3348



“Public Library Innovation Exchange” is sponsored by MIT!

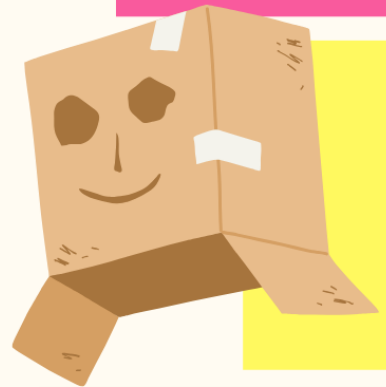
OPEN TO
ALL
AGES 6+
under 11 must
have caretaker
present

PLIX:
Sonic Seasoning
WEDNESDAY
MARCH 13
4:30 - 5:30 P.M.

JOIN US FOR AN EXPERIMENT TO SEE
HOW DIFFERENT THINGS SOUND

- **Pop Rocks candy**
- **Jingle Bells**
- **Markers**
- **Bare Apple Chips**
- **and so much more!**

Are you 11-19 years old?
Come to a Teen Exclusive
Sonic Seasoning
earlier in the day at 3:30 p.m.
in the Teen Room!



2 CARE DRIVE, OFF RT. 63

413-423-3348

ERVING-MA.GOV/LIBRARY

ERVING PUBLIC LIBRARY



**ALL AGES
WELCOME!**

VISIT WITH JUDGE LAURIE MACLEOD

TUESDAY, MARCH 19, 5:00PM

March is **Judicial Outreach Month** in Massachusetts!

Every March, judges engage with communities across Massachusetts about their work and the importance of an impartial and independent judiciary.

Learn about the work of the judicial branch directly from judges who address a variety of challenging matters presented to the courts every day.

**JOIN US TO LEARN WHAT A
JUDGE DOES AND ASK YOUR
QUESTIONS, TOO!**



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